

COACHES

WAIVER OF LIABILITY FOR PARTICIPATION IN CAMP

☐ I acknowledge that there are certain risks of serious injury to the participant in this program and voluntarily assume these risks. I hereby, release and agree to hold harmless VCSU, the State of North Dakota, and all employees from all such claims for any injuries or damages that may be sustained by the participant in relation to this program. Further, I consent to emergency medical treatment for the participant as deemed necessary.

VCSU/State of North Dakota does not insure participants in this program and are not responsible for any medical expenses incurred by the participant.

Child's Name: _____

Parent/Guardian: _____

Date: _____

Insurance Company: _____

Policy Number: _____



Head Coach, Vanessa Johnson

just finished her eighth season as head coach of the Valley City State University women's basketball program.

Johnson's 2017-18 team finished the year with a 25-5 overall record and set new school records for wins (25), winning percentage (.833), scoring average (76.5 points/game), shooting percentage (.463) and free throw percentage (.769).

In 2018-19, the Vikings went 10-4 in conference play and 14-14 overall as they finished third in the NSAA standings. In 2019-20, Valley City State went 9-5 in conference play and 12-14 overall as they finished fourth in the NSAA standings. In 2021-22, the Vikings finished third place in the conference standings. In the 2022-23 season, the Vikings finished 7-7 in conference play. The Vikings finished with a 7-5 conference mark in 2023-24 and third in the NSAA regular season standings. The Vikings finished the 2024-25 season with a 15-14 overall record and a 6-9 record to place fifth in the North Star. VCSU's Abby Aslesen earned NSAA Freshman of the Year as well as Honorable Mention All-Conference. Ashlyn Diemert was named 2nd Team All-Conference while JayCee Richter earned Honorable Mention All-Conference and Ellie Braaten was named to the All-Defense Team.

A native of Hartford, S.D., Johnson joined VCSU after working one year as head girls basketball coach and elementary reading specialist at Detroit Lakes Public Schools (Minn.).

Prior to that, Johnson was an assistant women's basketball coach at Minnesota State University Moorhead for three seasons. In her final season at MSUM she helped the Dragons to 21 wins, the NSIC North Division title and their 16th straight winning season.

Johnson played collegiate basketball for four seasons, including two at South Dakota State University and two at the University of Sioux Falls.

She graduated from the University of Sioux Falls with a Bachelor of Science degree in elementary education (2013) and earned a Master of Educational Leadership from Minnesota State University Moorhead (2016).



Assistant Coach, Taylor Henningsgard

finished her 5th year assisting the Viking women's basketball program.

Henningsgard joins the Vikings from Lake Region State College (NJCAA) where she served as an assistant coach and interim powerskills advisor. She also has college coaching experience from Briar Cliff University (NAIA) and Minot State University (NCAA

Div. II). She was also head coach of the AAU 16U North Dakota Attack for one season.

Henningsgard was a previous standout point guard at Lake Region State College where she was named 1st Team All-Conference and Region XIII Tournament Most Valuable Player. She finished her career at Dickinson State University where she was named 1st Team All-Conference as a senior. At Central Valley High School, Henningsgard was named the North Dakota Class B District, Region, and State Senior Athlete of the Year. She was also a finalist for North Dakota Miss Basketball.

www.vcsuvikings.com



VALLEY CITY STATE UNIVERSITY VIKINGS WOMEN'S BASKETBALL

PROSPECTS CAMP

June 11, 2025
10 a.m. – 3:30 p.m.



SCHEDULE OF EVENTS

10:00 a.m. – 12:00 p.m. Individual Instruction

- Player-Development
- Position-Focused
- Knowledge and skills to compete at athlete's current level and advance to the next level
- Tools to help improve athlete's game away from camp

12:00 p.m. – 12:30 p.m. Lunch

- Provided by VCSU Women's basketball

12:30 p.m. – 2:00 p.m. Rotations

- Player Panel: A chance to ask VCSU Women's basketball players questions about VCSU Women's basketball, college basketball, recruitment, etc.
- Program Information: All you need to know about the VCSU Women's basketball program & more!
- VCSU Campus Tour

2:00 p.m. – 3:30 p.m. 5 on 5 Games

- Play live against the best competition in N.D., Minn., and surrounding areas
- Play alongside potential VCSU WBB teammates as well as current VCSU WBB players



WHERE IS THE CAMP LOCATED?

VCSU is located 45 minutes west of Fargo on Interstate 94. The Osmon Fieldhouse is located 2 blocks north of Exit 292.

ABOUT US

ABOUT THE CAMP

This camp is for 2026 and 2027 graduates, only.

We envision our camp to be an event for both individual growth and an in-depth, first-hand view of what Valley City State University and Valley City State University Women's Basketball are all about. We will provide you with the following experiences: individual skill development, live competition against some of the best girls' basketball players in North Dakota and surrounding states, information about what it takes to be a college basketball player, a VCSU campus tour, and an opportunity to get to know, and play with, our very own VCSU women's basketball players and coaches.

ABOUT OUR PROGRAM

- National Tournament Appearances: 5
- Conference Championships: 6
- Conference Tournament Championships: 2
- NAIA All-Americans: 10

Coach Johnson's Tenure:

- Career Record: 111-103
- Conference Record: 52-34
- National Tournament Appearances: 1
- Conference Tournament championships: 1
- 2017–2018 team has school records in: wins, winning percentage, scoring average, shooting percentage, and free throw percentage
- All-Conference players: 21
- NAIA All-Americans: 2 – Lexi Lennon (2x), Mackenzie Huber (2x)
- NAIA Scholar Athletes: 19
- NSAA Freshman of the Year: 2
- Defensive Player of the Year: 1

Valley City State POSITION CAMP/TEAM CAMP Registration Form

Reach out to t.henningsgard@vcsu.edu for questions or go to www.vcsuwbbcamps.com to register online

Cost: \$70/person for the camp (lunch provided).



Name	High School	City	State	Zip
Mailing Address				
Phone		Email		
Your next grade in high school:		T-Shirt Size		
<input type="checkbox"/> 11 <input type="checkbox"/> 12				

Please include your check made payable to VCSU

Mail check and registration form to:

Vanessa Johnson • VCSU Prospect Camp
101 College Street SW • Valley City, ND 58072

**REQUIRED: Please complete the Waiver of Liability
on the reverse side of this form.**